CAMP Chateaugay • EST. 1946 •

CAMPER HANDBOOK

WWW.CHATEAUGAY.COM

WHERE EVERYONE BELONGS



233 GADWAY ROAD
MERRILL, NY 12955
(518) 565 9438

TABLE OF CONTENTS

3 Welcome Letter

4 Important Dates and Facts about Camp

5 Transportation Info

6 Transportation - Bus

8 Transportation - Flights

10 Camper Forms

12 Baggage & Shipping and Travel

13 Camper Communication

14 Communication Expectations & Chateaugay Swag

15 Prohibited Items & Technology

16 Nutrition

17 Health and Wellbeing

18 Camper Advocate Program & Elective Activities

19 Activities

20 Daily Schedule

21 Sunday Schedule

22 Billing & Payments

23 Packing List

25 Wilderness Information

26 Wilderness - Packing List

27 Cabins & Laundry

28 Special Events & Activities

29 Camp Traditions

30 Teen Programs

31 CIT Programs

32 Culture & Values and Homesickness

33 Successful time at Camp

34 Visiting Day

35 Parent Portal and Camp Facilities

36 Out of Camp Trips

37 Training

39 FAQs

40 Map

WELCOME LETTER

Dear Parents and Campers,

Thank you for being a part of the Camp Chateaugay family and welcome to any first time campers, we are very happy to have you.

The information included in this “handbook” is here to help you and your camper enjoy your summer experience to its fullest at Chateaugay.

Preparing for camp is an exciting time for the whole family and we are committed to making the transition from home to camp as smooth as possible.

We strongly encourage you to read through this entire handbook as it is designed to provide you with important information about our policies and procedures, as well as our expectations for campers during their stay with us.

It includes everything from our packing list to our daily schedule, and we believe it will help you feel more prepared and confident with the lead up to beginning your camp journey. It will also serve as a useful tool while camp is in session.

As always, if you have any questions, concerns or comments please do not hesitate to contact us at any time.

Sincerely,

Mitch, Blane, Blair & Candi

(954) 540-5311
mitch@chateaugay.com

(518) 565-9438
blair@chateaugay.com

(518) 319-2588
blane@chateaugay.com

(518) 651-7785
candace@chateaugay.com

IMPORTANT DATES

Full Session:
Arrival Day: June 25, 2027
Departure Day: August 10, 2027

First Session
Arrival Day: June 25, 2027
Departure Day: July 18, 2027

Second Session
Arrival Day: July 18, 2027
Departure Day: August 10, 2027

Two Week Sessions
(*First Time Campers only*)
(Contact senior staff for more details)

Five Week Session
(*International Campers only*)
(Contact senior staff for more details)

Parents Visiting Day is Saturday, July 17th, 2027 from 10:00 AM to 4:00 PM

Rookie Day is July 31st 2027, 10am to 4pm

COMMUNICATION

For Parents, the main point of contact is your campers Unit Leader. They are available as needed and can be contacted via the office line. In case of an emergency, Blane Stewart, our Co-Director, and Mitch Goldman, our Director, are always on hand if Parents / Guardians need to contact them at any time. Their cell phone numbers are listed below.

Mitch Goldman
(954) 540-5311
mitch@chateaugay.com

Blane Stewart
(518) 319-2588
blane@chateaugay.com

FACTS ABOUT CAMP

- Camp Chateaugay was founded in 1946
- We are a traditional, co-ed sleep-away camp
- The lake on our waterfront is called Chateaugay Lake (what we are named after)
- Our campers come from all over the world - currently we have children from: Canada, France, Spain, Brazil, Monaco, Italy, Mexico, Israel, and England
- Lower Camp is ages 7-11
- Upper Camp is ages 12-17
- 250 acres of property
- We have over 60 activities to choose from
- We have around 150 full time summer staff and over 275 campers
- Counselors and specialists become new mentors – “older brothers and sisters”
- Our owner Mitch lives on site with his wife Ashley and two daughters Charlie and Olivia. They lead the way to a summer of fun and adventure



TRANSPORTATION INFO

FLIGHT REQUIREMENTS & SAFETY

All families should make certain that they are leaving with all belongings, for example; luggage, medication and passports etc
Please meet escorts at ticket counter two and half hours before flight time.

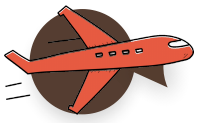
Prior to departure, the Camp Chateaugay escorts will have an authorized pick up list for the campers. Flight escorts will take campers through airport security and stay with them while they wait for the plane, during boarding, and throughout the entire flight. Once the campers and escort arrive at the destination, they will be picked up at the airport by camp staff and vehicles and taken to camp. Upon arrival the flight escort will contact the camp office, letting them know their arrival and that all children have arrived safely. In case of an emergency, the flight escort will contact the director to make any necessary decisions.

BUS / VAN SAFETY

Campers riding buses must remain seated during the trip and van riders will have a visual check that seat belts are on. Staff will review emergency exits from the buses. Campers and staff will remain seated with seatbelts fastened while the bus or van is in motion. In case of a bus or van breakdown campers must follow all staff and bus driver instructions. If the bus driver feels the bus is unsafe, campers and staff may be requested to exit the bus. Staff will lead campers to a safe location and await instructions. Camp will be notified immediately by cell phone if service is available. Attendance will be taken as campers exit the bus and again when campers reach a safe location. In case of an accident, staff will make sure injured campers are checked first and provide first aid as needed.



TRAVEL DELAYS /CHANGES
Camp Chateaugay will report any last-minute delays and/or changes to the scheduled transportation times. An email will be sent out to the affected families & travel delays/changes will be updated on the Parent Dashboard on the 'home' tab.



PERSONAL VEHICLE DROP OFF
Parent Drop off & Pick up is located at the main entrance of camp

INDIVIDUAL FLIGHTS
Please book arrivals and departures for unaccompanied minors to & from:
Burlington BTV Airport
Montreal YUL Airport
Plattsburgh PBG Airport
***Please contact the camp office before booking individual flights**





Traveling by Plane or Bus? Please rock your Camp Chateaugay attire! Visit our website and select the ABOUT menu and choose 'Chateaugay Swag' for more details

CAMP BUSES (PAGE 1)

OPENING DAY - Full Summer, Session 1 & Two Weeks - Friday, June 25th 2027

*** Parents - Please arrive 30 minutes ahead of departure time!

Departing from:	Address:	Departure Time:
NEW YORK CITY	Metropolitan Museum of Art (5th Avenue & 82nd St.)	7:30am
WHITE PLAINS	Parking lot of Bloomingdale's Exit 8 of 1-287, Cross-Westchester HWY	9:00am
PALISADES MALL	New York/New Jersey I87 to Exit 12 (*See Note 1)	9:45am
ALBANY	Meet at the parking lot by Cheesecake Factory (*See Note 2)	11:30am
MONTREAL	Meet in the parking lot of John Grant School (on the John Grant side of the lot only. 5785 Av. Parkhaven, Côte Saint-Luc, QC H4W 1X8	8:00am
PHILADELPHIA	Meet AT Congregation Beth Am Israel, 1301 Hagys Ford Road, Penn Valley PA 19072 *(Please arrive 30 minutes prior for check-in)	7:30 AM

DEPARTURE DAY Mid-Summer - Session 1 Sunday, July 18th, 2027

***Parents - Bus Arrival times are approximate

Arriving to:	Address:	ETA:
NEW YORK CITY	Metropolitan Museum of Art (5th Avenue & 82nd St.)	4:00pm
WHITE PLAINS	Parking lot of Bloomingdale's Exit 8 of 1-287, Cross-Westchester HWY	3:00pm
PALISADES MALL	New York/New Jersey I87 to Exit 12 (*See Note 1)	2:15pm
ALBANY	Meet at the parking lot by Cheesecake Factory (*See Note 2)	11:30am
MONTREAL	Meet in the parking lot of John Grant School- 5785 Av. Parkhaven, Côte Saint-Luc, QC H4W 1X8.	10:00am

***Note 1** - Coming from the South turn left and from the North turn right. Turn right towards the commuter parking lot (across from Home Depot). Pull into the lot and look for the bus-it will be coming from White Plains.

***Note 2** - Colonie Center, 131 Wolf Rd, Albany, NY 12205 Exit 2 off I-87

CAMP BUSES (PAGE 2)

ARRIVAL DAY Mid-Summer - Session 2 & Two Weeks Sunday, July 18th, 2027

*** Parents - Please arrive 30 minutes ahead of departure time!

Departing from:	Address:	Departure Time:
NEW YORK CITY	Metropolitan Museum of Art (5th Avenue & 82nd St.)	7:30am
WHITE PLAINS	Parking lot of Bloomingdale's Exit 8 of 1-287, Cross-Westchester HWY	9:00am
PALISADES MALL	New York/New Jersey I87 to Exit 12 (*See Note 1)	9:45am
ALBANY	Meet at the parking lot by Cheesecake Factory (*See Note 2)	11:30am
MONTREAL	Meet in the parking lot of John Grant School- 5785 Av. Parkhaven, Côte Saint-Luc, QC H4W 1X8	10:30am

DEPARTURE DAY End of Camp - Full Session & Session 2 - Tuesday, Aug 10th 2027

***Parents - Bus Arrival times are approximate

Arriving to:	Address:	ETA:
NEW YORK CITY	Metropolitan Museum of Art (5th Avenue & 82nd St.)	4:00pm
WHITE PLAINS	Parking lot of Bloomingdale's Exit 8 of 1-287,	3:00pm
PALISADES MALL	New York/New Jersey I87 to Exit 12 (*See Note 1) Cross-Westchester HWY	2:15pm
ALBANY	Meet at the parking lot by Cheesecake Factory (*See Note 2)	11:30am
PHILADELPHIA	Meet AT Congregation Beth Am Israel, 1301 Hagys Ford Road, Penn Valley PA 19072	4:30-5:30 PM
MONTREAL	Meet in the parking lot of John Grant School- 5785 Av. Parkhaven, Côte Saint-Luc, QC H4W 1X8	10:00am

***Note 1 -** Coming from the South turn left and from the North turn right. Turn right towards the commuter parking lot (across from Home Depot). Pull into the lot and look for the bus-it will be coming from White Plains.

***Note 2** - Colonie Center, 131 Wolf Rd, Albany, NY 12205 Exit 2 off I-87

CAMP FLIGHTS (PAGE 1)

Escorted Flights TO Camp – Full Session/Session 1 Friday, June 25th 2027

FROM: Fort Lauderdale (FLL) to Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

FROM: Baltimore / Washington, DC (IAD) to Burlington, VT (BTV)

FLIGHT INFO TBD

FROM: Los Angeles (LAX) to Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

FROM: Costa Rica (SJO) to Montreal (YUL)

FLIGHT INFO TBD

Escorted Flights FROM Camp - Session 1 - Sunday, July 18th, 2027

TO: Fort Lauderdale (FLL) from Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

TO: Baltimore / Washington DC (IAD) from Burlington, VT (BTV)

FLIGHT INFO TBD

CAMP FLIGHTS (PAGE 2)

Escorted Flights TO Camp Session 2 & Two Weeks Sunday, July 18th, 2027

FROM: Fort Lauderdale (FLL) to Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

FROM: Baltimore / Washington DC (IAD) to Burlington, VT (BTV)

FLIGHT INFO TBD

Escorted Flights FROM Camp - Full Summer & Session 2 Tuesday, Aug 10th, 2027

TO: Fort Lauderdale (FLL) from Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

TO: Baltimore / Washington DC (IAD) from Burlington, VT (BTV)

FLIGHT INFO TBD

TO: Los Angeles (LAX) from Montreal, Canada (YUL) (Passport Required for this flight)

FLIGHT INFO TBD

CAMPER FORMS

ENROLLMENT FORM

This is your initial registration form and will be the first form that you will want to complete. Please sign the Emergency Authorization for Treatment section of this form.
ONLINE ENROLLMENT is also available through your parent portal located conveniently through our website on the top menu on our homepage entitled "**Current Family Login.**"

CAMPER INFORMATION FORM

Take a moment to complete this form with your child's input. It will help our staff become better acquainted with your child. All information provided is used in a confidential manner. If there is information of a sensitive nature that you would like to discuss with Mitch, Blane or Candi privately please be sure to either call or submit the information on a separate sheet of paper.

CAMPER AGREEMENT / CONTRACT FORM

This important document is our formal agreement. This form specifies which session your camper will be attending Camp Chateaugay. It also allows campers to sign up for additional program activities which include an additional charge: Horseback Riding, Golf, and White Water Rafting trips. This document also gives camp permission to take your camper off camp property for trips and special events.

No camper will be allowed to leave campgrounds (with the exception of an emergency) without a signed copy of this form.

INTERNET POLICY FORM

This document is a camp mandated document for campers age 13 and up that must be signed by both the camper and the camper's family. This form acknowledges that all parties are aware of the camp policy concerning internet usage while not at camp, camper/staff social media contact and our internet expectations and etiquette standards.

**MOST FORMS ARE AVAILABLE ON THE PARENT PORTAL



CAMPER FORMS (PAGE 2)

HEALTH HISTORY FORM

CAMPERS MAY NOT ENTER CAMP WITHOUT THESE DOCUMENTS AND MAY NOT GO ON TRIPS OFF-SITE WITHOUT THEM.

They need to be submitted EACH year! This form should be completed by both a parent and a family physician. We need this information as soon as possible. Be sure to sign the Parent's Authorization at the bottom of the front Medical Form; the local hospital will not treat any child unless we have this form properly signed by parents. Campers are required to meet New York State's immunization requirements. A record of your child's immunizations and dates of immunizations must be listed.

MENINGITIS FORM

This document is required by the Health Department and acknowledges that your child has or has not been immunized for meningitis. The shot is not required, but your signature on a copy of this form is. New York State wants to know if a child HAS or HAS NOT been immunized for meningitis.

TRAVEL FORM

It is important that we know your child's exact en-route itinerary. We must know when to expect your camper's arrival and WHAT their mode of travel will be. If your travel plans are from other cities, please give Candi a call so we can discuss potential flights for your child. If your child is traveling by air, please make sure to complete the travel from and upload the itinerary on your parent dashboard. We also need to know how they will travel home. Whether you are picking up your child, or we are escorting them or bringing them to a meeting destination, we do need to know in advance to organize the travel logistics.

ACKNOWLEDGEMENT FORM

This form is located at the end of this handbook, just stating that all parents and campers who are part of the Chateaugay family for Summer 2026 have read, understand and are willing to follow the contents of the camper handbook and have signed to acknowledge this.

BAGGAGE & SHIPPING

SHIP CAMPS

www.shipcamps.com

Ship your child's luggage, trunks, boxes, and more. From pick up to delivery, Ship Camps will make sure your Camper's baggage gets to camp on your selected delivery date.

Ship Camps has been continuously streamlining their process, making shipping more cost effective and easy. For campers taking the bus to camp, only one bag is allowed on the bus, so any additional bags must be shipped. It is also a great option for those campers flying to camp. When you use Ship Camps, you create an account and schedule a convenient pick up date and location. One week in advance of your scheduled pickup date, you will receive a welcome packet including a Ship Camps bag tags and pre-labeled luggage tags for the camper's inbound shipments. Ship Camps allows for real-time tracking and guarantee a safe and timely delivery of your camper's bag. We are thrilled to have partnered with Ship Camps and look forward to worry-free luggage shipping this summer.

TRAVELING BY AIR OR BUS

- **AIR -** The vehicles used to pick up our campers traveling by air are not equipped to handle more than one duffel bag per camper.
  PLEASE limit your child's baggage to one duffel bag and ship the rest!

- **BUS -** If your Camper(s) are traveling by bus
  PLEASE limit your child's baggage to one duffel bag and ship the rest!

- **International Campers Traveling by AIR -** International campers should bring their luggage with them. Camp will provide bed linens, a pillow, and towels to cut-down on the amount of packed luggage.

CAMPER COMMUNICATION

Once at camp, parents have numerous different ways in which to communicate with campers:



WRITE LETTERS

All letters to campers should be addressed in the following manner:

Childs Name & Bunk Name
Camp Chateaugay
233 Gadway Road
Merrill, NY 12955

*Mail arrives and is picked up six days a week. Our rural location tends to slow down the mail delivery time.



PHONE CALLS - (518) 425 6888

Schedule **ONE** phone call per session through your camper(s) Unit Leader.
Phone calls with campers should remain within a 5-15 minute time span
Special occasion phone calls can be arranged. Generally, all scheduled calls will be made during mealtimes, so please be available for the entirety of the mealtime for your scheduled call. And please note that while campers are told of calls during the meals, they sometimes forget.

CAMPER EMAILS ** MOST POPULAR

Parents can use the parent portal to send messages using email. Campers are able to write a response to emails which are then scanned and sent back to parents. All emails are printed and delivered to each camper daily after lunch. Campers can receive as many emails as you like but are only allowed one reply per day.

PACKAGES

Parents are no longer permitted to send care packages to campers during the summer. Not only are packages problematic for our office, but they also create inequity within the cabins. If your camper(s) do require something special sent to camp (special food for dietary restrictions, medical supplies, undergarments, etc.) this can be arranged with approval from Camp Admins. After receiving approval, items can be ordered from Walmart or Amazon and shipped directly to the camper's Unit Leader.



PHOTO AND VIDEO

Within the parent portal, parents have access to our camp photos each day.
It uses facial recognition software to identify your camper(s) within our pictures uploaded, which saves you time from scrolling through all of the photos. We also upload weekly videos of camp on our YouTube page which your child could feature in.

COMMUNICATION EXPECTATIONS

Camp families can expect to receive the following listed (but not limited to) information from us throughout the year. Please be sure to check your spam folder (Promotions folder for Gmail) for our emails or adjust the spam settings so our emails go to your regular inbox instead.

- Once we receive your enrollment, a letter will be sent to you acknowledging your child's enrollment and some of the details required before camp begins
- Blane Stewart, our Assistant Director, will then reach out to help parents get prepared for the summer by telling them about upcoming events, schedules, and communication with campers while they are at camp. He will also send over all relevant packing lists.
- Candi, our Office Manager, will be contacting parents regarding enrollment, payments and billing
- Mitch, our Director, will be sending out Chatagram Newsletters throughout the year to keep families up to date with camp events and news. (Please send any news articles, Bar/Bat Mitzvah or other announcements, or stories you would like included in the Chatagram to info@chateaugay.com for consideration)
- Holiday greetings (via email)
- Special notices and forms
- Invoices (via email)- January/April/September
- Wilderness packing list and information (via parent portal and email): early winter or as enrolled
- Air travel information: Includes Arrival Day, Midsummer Departure, Midsummer Arrival, and End of Summer travel information for all escorted flights and buses

CHATEAUGAY SWAG

We are currently finding a new provider for all of your Chateaugay Swag needs - we will be announcing more details soon!
Camp Chateaugay provides 1 x T-shirt for all campers but we also purchasing some other items from our new provider, such as a hoodie, pair of shorts and a back up T-Shirt. There is a wide range of merchandise to choose from, including: Water bottles, tie-dye T-Shirts, sweats, PJs, athletic wear, tank tops, swim wear, leggings, long sleeve tops, hats, baseball caps, jackets, postcards, stickers, blankets, and back packs.

For our Wilderness campers we work with 'Podiumwear' for all of their clothing and camping needs. All Wilderness campers trip fees include 1 x Cycling Jersey that can be shipped directly to camp or your home prior to camp starting (for more information, please see the Wilderness section).

PROHIBITED ITEMS & TECHNOLOGY

Why is Camp Chateaugay an electronics-free camp?

It is part of the Chateaugay Philosophy to promote social interaction, personal growth, and appreciation for nature. By disconnecting from technology, campers have the opportunity to fully engage in the camp experience and build relationships with others in person. Additionally, technology can be a major distraction and can limit the opportunities for campers to explore the natural environment, participate in outdoor activities, and develop new skills. It helps them to learn how to entertain themselves without relying on devices or screens. These are important life skills that will serve campers well in their future lives beyond camp.

Prohibited Items at Camp

Most electronic devices are not permitted at camp. Any device that can send or receive a phone call / text, play a video, access the Internet, or send/receive e-mail is not allowed at camp. This includes (but is not limited to) iPod Touches, iPhones, Smartphones, Kindle Fire, Gameboys, PSPs, Switches and all other cellular and gaming devices. Music iPods with videos are not allowed. If these devices have video capability, we ask that parents remove all videos prior to the start of camp so we do not have to take them away. Our staff will erase any videos that are not removed prior to camp.

Below is a list of items that you should definitely leave home:

- Cell phones
- Video games, TVs, iPod Touches, and any video on your iPod
- Computers (this includes any device that has Internet capability)
- Drugs, alcohol, etc.
- Cigarettes (including electronic/smokeless cigarettes)
- Cash
- Food, candy, drinks
- Fans (unless battery powered)
- Dangerous items (i.e. knives, lighters, etc.)



Please do not send expensive items. Chateaugay is NOT responsible for any items brought to camp. This includes objects taken away because they are against the rules. We will do our best to find missing items but will NOT reimburse for anything lost or stolen!

Approved Items at Camp

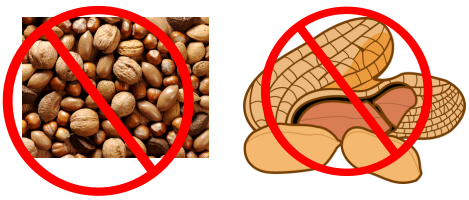
The only small electronic devices allowed are MP3 players and iPods, and e-book readers with no internet capabilities.

Parents often ask "How can my camper listen to music?" There is an MP3 player called "Campfire player" that solves that problem. They've gotten rid of all the stuff that keeps kids glued to their screens. No games, no cameras, no browsers, no video and certainly no social media applications. Utilizing apps like Spotify, Amazon Music , and Apple Music, campers can stream
and save their music to the Campfire Player and enjoy their music all summer long. Check it out at https://www.campfireplayer.com

NUTRITION

We are a Peanut & Tree Nut Free Camp

We do not use or allow into camp any products that use or may contain traces of peanuts or tree-nuts. Camp Chateaugay has a number of campers and staff who are severely allergic to peanuts and tree-nuts. We ask you to respect this for visiting day and bus snacks as well. Please make sure to check on body sprays, and even shampoo's, as some contain tree nut products.



Special Dietary Needs

The menu will include many camp favorites, minus your child's food allergen or food that they need to avoid. The goal is to create meals for campers with dietary restrictions, so there is little difference between what is being served, and what your child is eating. We're experts at inclusive eating and can meet most dietary needs and preferences. We can cater for:
Vegetarians, Vegans, Lactose intolerance, Gluten-free, Fish & Egg Allergies, and Kosher style

The following milk choices will be available: Cow's milk, Lactaid, Soy milk, and Rice milk.

We strive to provide the safest and tastiest dietary experience for our campers, so please contact us to discuss your camper's specific needs, and we will partner to ensure that camp dining is a safe, fun and inclusive experience for them.

Sample Menu

Breakfast: Pancakes with maple syrup. There are always eggs, fruit, yogurt, cereal, and any variety of toasted bread, English muffins or bagels.

Lunch: Pizza and French fries. There is always a salad bar with 25 different items and a sandwich bar including sun butter & jelly, egg salad, chicken salad or tuna salad. Instant Ramen is made to order.

Dinner: Oven roasted turkey, mashed potatoes and green beans. The salad bar is still available and there is also a pasta bar with red sauce and white sauce, butter or olive oil. Instant Ramen is made to order.

Dessert: Chocolate chip cookies

Routine

Our experienced culinary staff serves up a delicious, nourishing menu of foods that are eaten under the wooden rafters of our classic, 1940s-era dining hall. Our balanced meals blend traditional camp favorites with internationally-inspired cuisines.

Campers choose from an assortment of hot food at each meal, and there is always a vegetarian alternative. There are also daily snacks of fresh fruit, pretzels or crackers available, as well as an evening snack.

Sundays we have special meal times, with make-your-own-sandwiches for lunch, and a BBQ dinner on the front lawn.

Eaten alongside a piano to fuel spirited sing-alongs, kids come home from Camp Chateaugay with many fond memories made during mealtimes. Community spirit surrounds each table & in between bites, the mealtime atmosphere is electric, with:
*Music *Singing *Cheers *Dancing *Birthday Celebrations

Mealtimes are traditional times for bonding, especially at camp.

HEALTH AND WELLBEING

The 'Pillbox'

At Camp Chateaugay our Health Center, also known as the “Pill Box,” is staffed by experienced medical professionals who are available 24/7 to provide medical attention and care to campers. The health center is fully equipped with medical equipment and supplies, including an on-site pharmacy and emergency medical equipment. At any given time throughout the summer we have a licensed doctor on site as well as 3 New York State licensed registered nurses. We have procedures in place for all possible situations at camp such as Lice, Ticks etc. Please visit our website for more information about this.

Camp Chateaugay strives to provide a safe and healthy environment for campers to enjoy a range of activities while also receiving necessary medical care. We are always trying to promote healthy living and physical activity. Each camper has a Unit Leader who takes on a ‘Parent style’ role to try and encourage healthy eating, nutrition, personal hygiene, and the importance of regular exercise. Chateaugay offers a variety of healthy meals and snacks that are designed to meet the dietary needs of each camper.

Overall, Camp Chateaugay’s health and nutrition program is an integral part of the camp’s mission to provide a safe and healthy environment for campers. With full-time nurses and doctors on staff throughout the summer, the camp is well-equipped to handle many medical issues that may arise, while also promoting healthy living and physical activity among campers. We take campers and staff to CVPH (Champlain Valley Physicians Hospital) in Plattsburgh, NY (40 minutes from camp)which is part of the University of Vermont Medical Center for medical issues that we cannot treat at camp.

Emergency Procedures

During the course of the summer, Camp Chateaugay ensures that we have at least one all-camp fire drill per session and one all-camp 'Lost swimmer drill' per session. During 'Pre-camp', Staff also have training and initial practice runs, to learn the procedures as well as their designated stations to search and meet at. We also provide an opportunity for camp staff to identify and address potential safety hazards before they become a problem.

We take these drills very seriously to ensure the safety and well-being of everyone at the camp. They are designed to prepare people for emergencies and reduce the risk of injury or accidents. Campers can learn how to evacuate quickly and safely in case of a real emergency. Our goal is to educate campers about the importance of water safety, fire safety, & how to prevent fires from starting in the first place.

Overall, fire drills are an essential part of any camp's safety protocols, and they play a critical role in ensuring the well-being of campers and staff alike.

While my child is at camp, will camp contact me in the event of an emergency?

If there is anything that remotely resembles an emergency, or anything medical related, then staff will contact the child's parents/guardians immediately.

MEDICATION, PRESCRIPTIONS AND INSURANCE POLICIES

Please send all medications either in advance or with you to give to a staff member. Do not pack the medications in your child’s luggage, as it may become lost or forgotten. We MUST have copies of the original prescription in order to dispense meds; without correct documentation it will not be possible. Meds must be in their original container. As meds are distributed, campers occasionally drop pills, so please include enough to cover a few lost pills. Please fill out all of your child’s health forms and provide a copy of your insurance card (front & back). Without this we may not be able to treat each child or prescribe certain medications and treatments.

MENTAL HEALTH DIRECTOR

At Camp Chateaugay, we provide a Mental Health Director for all campers and staff each summer. It is a unique initiative to ensure that every member of our community has a healthy and positive experience while at camp. The program consists of having two mental health professionals on staff for the entire summer, one male and one female. With one being a school psychologists and one as a behavioral specialist. The aim is to provide campers and staff with support, guidance, and encouragement throughout their stay. The Mental Health Director will check in with campers and staff regularly, listening to their concerns, and providing an extra level of support with any issues that arise. They also help campers seamlessly integrate into camp life, build relationships with other campers and staff, and participate in activities that align with their interests and abilities.

Additionally, The Mental Health Director will train our staff in effective techniques and strategies on a variety of issues ranging from homesickness to conflict resolution. The Mental Health Director can also communicate directly with any camper's personal mental health professional. Together they create a proactive and responsive environment in which campers can thrive. The Mental Health Director is part of Camp Chateaugay's commitment to creating a safe, inclusive, and supportive environment for all

ELECTIVE ACTIVITIES

Activity Selection & Scheduling

Each week campers will have the chance to sit with program specialists to rank their top 10 activities per week. Having the campers choose what they want to do each week is something that not only encourages confidence in picking their own activities, but also allows them to try new things every week. The campers love the chance to build their own schedule, and focus on the activities that they really enjoying doing each week.

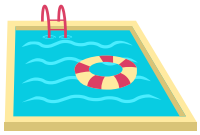
Lower Camp will have 3 electives (choice activities) per day and 3 bunk activities (activities with other campers from their bunk) per day. Upper Camp will have 4 electives and 2 bunk activities per day.

The bunk activities are great opportunities for the campers to try new activities that they may have never signed up for before. They allow the program specialists and Unit Leaders to encourage new classes that the campers may have never taken, and give them time to bond as a bunk. We find it incredibly helpful to split the bunk activities between activities the cabin already enjoys doing, and some that they have never signed up for before.

We encourage campers to stick with their assigned schedule, but if for any reason they would like to make changes, campers may switch out of an activity on the day if there is availability in the new activity. Campers are expected to participate in program activities at all times.

ACTIVITIES

POOL
Swim Instruction
Swim Team
Fun Fitness & Water Aerobics
Junior Lifeguarding
Pool Party
Synchronized Swim



LANDSPORTS
Archery
Baseball- with Batting Cages & Pitching Machines
Basketball- with Indoor & Outdoor Courts
Fitness
Flag Football
Floor Hockey
Frisbee
Golf- on site driving range & off-site lessons
GaGa Ball
Gymnastics- with spring floor, bars, beam & vault
High Ropes- with zip line
Horseback riding
Lacrosse
Martial Arts
Mountain biking
Rock Climbing
Soccer
Softball
Tennis
Volleyball
Yoga







DANCE
Hip Hop, Jazz, Modern Contemporary, Musical Theatre



THEATER
Acting, Drama/Skits, Singing, Musicals, Theory, Lighting, Sound, Costumes, Staging

Bunk Activities Include: Sports, Ceramics, Dance, Ping pong, Board games, Rocketry, Cooking & more

TRIPS (Overnight Camping)
Backpacking
Canoeing
Hiking
Rock Climbing



WATERSPORTS
Canoeing
Rowing
Diving
General Swim (in Lake with inflatables)
Fishing
Kayaking
Paddle Boarding
Sailing – with a fleet of 15 boats
Water skiing - with 5 ski boats
Windsurfing - with 8 boards



OTHER
Animal Care (with Cows, Goats, Rabbits & Alpacas)
Nature (Environmental Exploration of Plant, Animal & Fish Identification)
Cooking
Rocketry
Robotics
Music (Piano, Guitar, Drums)
Creative Writing



ARTS & CRAFTS
3-D Pen Design
Batik
Bracelet & Jewelry Making
Ceramics
Pottery Wheel
Crafts
Dark Room Photography
Drawing & Plein Air Drawing
Fabric Arts
Glass Blowing (ages 12 & above)
Hand Building
Mosaics
Painting
Photography
Photo Lab Editing
Pottery
Screen Printing
Sewing
Shrinky dinks
Stained Glass
Tie Dying
Woodworking

DAILY SCHEDULE

Monday to Saturday

Our daily schedule is Monday, Wednesday, Friday together and then Tuesday, Thursday, Saturday together. This is so children can alternate activities each day and have a wide variety of choices per week.

Wake up time	7:15
1st Bell - Lower Camp head to 'The Big House'	7:35
Upper camp begins cabin clean-up	7:35
Lower Camp Breakfast	7:45 - 8:25
Flag Pole	8:25
Second Breakfast	8:40 - 9:20
Lower Camp Cabin Cleanup	8:40 - 9:20
1st Period	9:20 - 10:15
Passing Time	10:15-10:20
2nd Period	10:20 - 11:15
Passing Time	11:15-11:20
3rd Period	11:20 - 12:15
Cabin Community	12:15 – 12:30
Upper Camp Rest Hour	12:30 - 1:10
Lower Camp Lunch	12:30 - 1:10
Upper Camp Lunch	1:15 – 2:15
Lower Camp Rest Hour	1:10 - 2:15
4th Period	2:15 - 3:10
Passing Time	3:10-3:15
5th Period	3:15 - 4:10
Passing Time	4:10-4:15
6th Period	4:15 - 5:10
Cabin Community	5:10 - 5:30
Upper Camp Twilight Hour	5:30 - 6:10
Lower Camp Dinner	5:30 - 6:10
Flag Pole	6:10 - 6:25
Upper Camp Dinner	6:25 - 7:15
Lower Camp Twilight Hour	6:10 - 7:15
Evening Activity	7:15 - 8:20
Bedtime for Lower camp	8:45
Bedtime for Upper camp	9:15

SUNDAY SCHEDULE

On Sundays we do things a little differently at Camp Chateaugay. We have our 'Lazy Persons' Schedule. This is when the children and staff are able to sleep in an hour more than the regular Monday to Saturday schedule. The rest of the day has 'Clinic' activity periods, which are 2h 15mins long; one in the morning and one in the afternoon.

Wake up time	**8:15**
1st Bell - Lower Camp head to 'The Big House'	**8:35**
Upper camp begins cabin clean-up	**8:35**
Lower Camp Breakfast	**8:45 - 9:25**
Flag Pole	**9:25**
Second Breakfast	**9:40 - 10:20**
Lower Camp Cabin Cleanup	**9:40 - 10:20**
1st Period	**10:20 - 12:30**
Cabin Community	**12:30 – 1:00**
Upper Camp Rest Hour	**1:00 - 1:40**
Lower Camp Lunch	**1:00 - 1:40**
Upper Camp Lunch	**1:50 – 2:30**
Lower Camp Rest Hour	**1:50 - 2:30**
2nd Period	**2:45 - 5:00**
Cabin Community	**5:00 - 5:30**
All Camp Dinner (Rolling Dinner)	**5:30 - 6:20**
All Camp Twilight Hour	**6:20 - 7:20**
Evening Activity	**7:15 - 8:20**
Bedtime for Lower camp	**8:45**
Bedtime for Upper camp	**9:15**

PAYMENTS

BILLING STATEMENTS

January

1st billing statement will be emailed for 1/2 of the remaining balance due.

April

2nd billing statement will be emailed with the remaining balance due.

August

A final statement will be mailed with any remaining charges due.

*****_Amounts due with each statement are due and payable immediately._
All Payments should be in US Dollars. We accept checks, Wire Payments, Visa and Master Card. WE DO NOT TAKE AMERICAN EXPRESS. Credit cards given on file will be billed automatically on the billing dates or soon thereafter, unless we are notified otherwise. Credit cards may also be added to your account through your parent dashboard.

PAYMENT METHODS

Credit Card Payments

There is a nonrefundable 4% processing fee on all credit card payments.
We accept Visa and Master Card.
WE DO NOT TAKE AMERICAN EXPRESS.

Checks may be sent to:

Camp Chateaugay
233 Gadway Road
Merrill, NY 12955

Wire Transfer Payments

Please log onto your Parent Dashboard to view our new wiring instructions.

What is your credit/refund policy?

We offer a full refund up until 1st day of camp. But once camp begins there will be no refunds available.

CARD ON FILE

We always keep a card on file for extra charges that may accrue on Camp. For example if a camper requires Camp to purchase additional items (such as: water bottles, clothing, disposal cameras, batteries, cameras, pizza parties, ice cream, and/ or other specially requested items), said items will be charged automatically to your account. Other merchandise is available at Camp.



PLEASE, NO GRATUITIES

Camp Chateaugay's policy is that offering "tips" to counselors and staff is prohibited. All of our counselors and staff have been advised of this policy and have agreed to it. This policy is strictly enforced.

PACKING LIST

SUGGESTED ITEMS FOR ALL CAMPERS

CLOTHING

**** Every item brought to camp should have your child's name on it**

- ◯ 1 x Camp Chateaugay Sweatshirt
- ◯ 2 x Camp Chateaugay T-Shirts
- ◯ 10 x T-shirts
- ◯ 8 x Pair Shorts
- ◯ 4 x Long Sleeve Shirts
- ◯ 2 x Pair jeans
- ◯ 2 x other pants (cords, sweats, etc.)
- ◯ 2 x Pair pajamas or nightgowns
- ◯ 1 x Bathrobe
- ◯ 14 x Underwear
- ◯ 14 x Pairs of socks
- ◯ 2 x Pairs woolen (heavy) socks
- ◯ 4 x Sweatshirts and/or sweaters
- ◯ 1 x Long Sleeve Rash guard (for sailing or windsurfing)
- ◯ 4 x Bathing Suits (While we encourage fun in the sun, please remember to pack appropriate swimwear. Bikinis are welcome, but G-strings or thongs are not permitted. Our goal is to keep camp appropriate for everyone. See you at the waterfront!)





BEDDING

- ◯ 1 x Pillow
- ◯ 2 x Pillow cases
- ◯ 2 x Fitted Sheets sized for single mattress (30" x 76") (some campers find flannel more comfortable)
- ◯ 1 x Sleeping bag
- ◯ 2 x Heavy blankets (Sleeping bag may substitute for one)
- ◯ 1 x Mattress Pad
- ◯ 2 x Top sheets sized for single mattress

SHOES

- ◯ 1 x Pair rain footwear
- ◯ 2 x Pair sneakers
- ◯ 1 x Pair flip flops or sandals
- ◯ 1 x Pair Water shoes or Tevas

SPECIAL DAYS

- ◯ 1 x Red & Blue T-shirt or tank top (2nd session only)
- ◯ 1 x Green & Blue T-Shirt or tank top (1st session only)
- ◯ 1 x Banquet clothes (smart attire for 2nd session only)
- ◯ 1 x Halloween Costume
- ◯ 2 x Silly clothes for camp activities
- ◯ 1 x Silly/festive clothes for Carnival Day (Optional, but encouraged. 2nd Session Only)

COATS

- ◯ 1 x Warm jacket
- ◯ 1 x Lightjacket
- ◯ 1 x Polar Fleece Hooded jacket
- ◯ 1 x Raincoat / Poncho with a hat

TOILETRIES

- ◯ 1 x Pump Soap
- ◯ 1 x Toothbrush and holder
- ◯ 1 x Shampoo, Conditioner & Body Wash
- ◯ 1 x Toothpaste
- ◯ 1 x Stationary supplies
- ◯ 1 x Deodorant
- ◯ 1 x Face Wash

PACKING LIST (PAGE 2)

SUGGESTED & OPTIONAL ITEMS

If you would like to see a catalog of Camp Chateaugay Items & T-shirts visit our website www.chateaugay.com then click on the link to Camp Swag

OTHER ITEMS

**** Please label all items brought to camp by your campers**

- ◯ 1 x Pair Swim Goggles
- ◯ 1 x Hat or cap
- ◯ 1 x Bandana
- ◯ 2 x Washable Laundry bags (**linked**)
- ◯ 1 x Shoe-bag
- ◯ 1 x Water bottle
- ◯ 1 x Flashlight w/ extra batteries or Headlamp
- ◯ 1 x Sunglasses
- ◯ 1 x Plastic drinking cup
- ◯ 1 x Insect repellent
- ◯ 1 x Comb and brush
- ◯ 1 x Sun block and/or sunscreen
- ◯ 3 x Large bath towels or Beach towels

OPTIONAL

- ◯ 1 x Hiking Boots
- ◯ 1 x Gymnastic Leotard
- ◯ 1 x Tennis Racquet
- ◯ 1 x Baseball Glove
- ◯ 1 x Athletic Cup
- ◯ 1 x Shin Guards (available at camp)
- ◯ 1 x Lacrosse Stick and Helmet
- ◯ 1 x Crazy Creek Chair
- ◯ 1 x Camera
- ◯ 1 x Roller Blades
- ◯ 1 x Full pads and helmet
- ◯ 1 x Musical Instrument (areas for safe storage of instruments are provided)
- ◯ Favorite sheet music (to perform at the Talent Show or just play when time permits)

HORSEBACK RIDING

- ◯ 1 x Riding helmet (Must be certified by the Safety Equipment Institute - SEI, and meet the ASTM Standard Fl 163)
- ◯ 1 x Boots designed for riding with a one inch heel (Paddock boots are suggested).
- ◯ 1 x "Body Armor" (suggested but not required for jumping in the ring, BUT it is required for use on the new cross-country jumping course which is for advanced riders only).

*Please check out www.doversaddlery.com for gear

THEME DAYS

Dressing up for theme days is optional, but we encourage everyone to pack something in order to participate!

1st Session Theme Days

- Holiday Day
- Neon Day
- Sports Team Day

2nd Session Theme Days

- Beach Day
- Halloween Day
- Animal Day

WILDERNESS INFORMATION

Dear Wilderness camper and parents,
This summer will be the greatest memory of camp you will have for the rest of your life and we want to do everything we can to make this season as successful as possible.

The following is a more detailed list of special items for Wilderness. This does not include the "normal" items which are part of every camper's clothing list. Please feel free to contact Mitch Goldman (Mitch@chateaugay.com), with any questions.

Check out these websites:
www.campmor.com | www.rei.com | www.gearx.com | www.sierratraders.com | www.gandermountain.com | www.amazon.com

Bike: This is a road trip. You are welcome to send a road, mountain, or hybrid bike. If sending a mountain bike, please have the tires changed to be a road tires. There is a bike shop in Lake Placid, NY, High Peaks Cyclery (518)523-3764 (speak with Brian-Bike Rental Prices for 2025 including helmet and water bottle Full Summer $350/Half Summer $250) where you may purchase or rent a bike and have it delivered if you do not have access to one locally.
Additional Safety: Please order for your camper a Bike Light and Bell if you do not have one. Cycling gloves and sun glasses are strongly suggested.
Bicycle Helmet Required: Please do not forget this mandatory equipment.
Cycling Clothing: Included in the Wilderness fee there is a custom designed bike shirt with it's main purpose being to increase visibility while on the road for safety.

The orders will be shipped directly to camp for distribution on arrival. The ordering process closes May 20th. Please provide your child's shirt size and the style desired to place the order. If you decide to purchase any other cycling clothing it must be bright neon colored in order to be allowed for use.
Promo Code: Wilder25 for $84.00
https://www.podiumwear.com/team-storefront/camp-chateaugay-2025-reorder/
Close on May 20th for a ship date of June 17th.

Backpack: The pack should be large enough to hold the gear for a 5 day trip. When shopping for a pack, ensure the capacity is approximately 3400+ cu. in. or about 55 liters. A great pack can be purchased for about $150. We highly recommend you go to a gear store and try out various packs, and get the right pack sized for your camper, as there are different lengths.
Sleeping Bag & Stuff Sack: 30°-40° (Fahrenheit) rating, pack weight ~ 4-5 LBS, stuffs to around 11¨ x 22¨, nylon or polyester outer shell, polyester/taffeta liner, poly or cloud loft fill. A stuff sack is needed to minimize the size of the bag in the backpack.

WILDERNESS INFORMATION

Ground Pad: Thermarest closed-cell foam is practical. They are available for about $25
Hiking Boots: There are several great hiking boots on the market. Mid-rise are Preferable with ankle support and a waterproof breathable lining/breathable. If your camper is only using them for the summer, then spend accordingly. Camper should try them on for fit in stores, and remember to break-in new boots before arriving to camp!
No Tennis Shoes/Sneakers on the Hike Trip!
Water Shoes: We suggest Chaco's, Teva's, etc. During the hike trip it is nice to get out of our boots after hiking all day, so having a pair of sandals (not flip-flops) to put on. The water shoes are taken and worn on all three trips, they will be used.
Rain Gear: Breathable Rain Gear is a must. NO PONCHOS! Campers should have a rain coat at the minimum, and rain pants are highly recommended as well.
Dry Bag: We recommend approximately a 30 Liter bag.
Mess Kit: The mess kit should contain a plate/bowl, and you will need to purchase eating utensil(s) also. The Coleman Economy Mess Kit is available in most gear stores, as well as campmor.com. A "spork" works great for a utensil, and is only one piece for the camper to keep track of.
Head Lamp: A head lamp is required as campers should have both hands free. The headlamp is used at camp as well as on all the trips. Available in gear stores, online, Wal-Mart, etc. Usually about ~ $15 and up.
Water Bottle: 2 water bottles recommended. Nalgene bottles are for sale at camp, but one that fits on the bike is good.

Nice to have, but NOT mandatory items

Pack-Towel: A pack-towel is nice to have due to being smaller than a conventional towel and it dries much quicker.
Polyester Fleece: Great, warm jacket, that dries quickly if wet, to use at camp and on all trips.
Wool Hiking Socks: Wool hiking socks help keep blistering down, and keep feet warmer than cotton if wet. Any wicking fiber is better than cotton for trips.
Polyester Shirts: Gear such as the Under-Armor brand are great to have. The polyester will help to wick away the sweat, and dries quickly.
Camel-Back: The camel-back hydration system is really only used on the bike trip. The systems are available in a wide variety of styles, colors, and prices. Nalgene bottles are available for sale @ camp, so do not feel as if your camper needs a camel-back.

We hope you are getting super psyched to start the season so please don't hesitate to contact Mitch via e-mail- Mitch@chateaugay.com, with any questions.

WILDERNESS INFORMATION

"Wilderness is a group of people living and working together, sharing good times and bad times. Wilderness is what you make it to be."

BIKE TRIP

The bicycle trip has traditionally been the first of the three trips. The trip ranges from 100 - 250 miles in 5 days. Past trips have toured the St. Lawrence Seaway, Stowe, VT, Lake Placid and Lake Champlain. Wilderness campers can bring their own bikes or rent them through High Peaks Cyclery, and are permitted to use them throughout the entire summer.

HIKE TRIP

The backpacking trip takes place either in the High Peaks region of the Adirondack Park or in Vermont's Green Mountains. Once again, campers plan their trip including routes to hike, meals and selecting campsites. Wilderness campers are encouraged to bring a frame pack, hiking boots and sleeping gear (a sleeping bag and ground pad) suitable for the challenging conditions hiking provides.

CANOE TRIP

The canoe trip offers a variety of courses through Maine's rustic and beautiful Mooselookmeguntic Lake. The trip involves paddling 40 - 80 miles, and camping on the lake's shores. All Wilderness campers receive canoe safety instructions, testing and skills prior to their actual trip.



WILDERNESS INFORMATION

Packing List

2x Wool Hiking Socks
1x Hiking Boots: Low-rise or Mid-Height
2x Waterproof jacket and pants (ponchos are not appropriate)
2x Polyester Shirt (helps wick sweat away; dries quickly)
2x Bike Shorts
1x Water shoes (Chaco's or Teva's - better than flip flops)
1x Fleece Jacket
1x Head Lamp (allows hands free) or good flashlight (with extra batteries)
1x Canteen or Water Bottle with Camelback attachment for your bike or hydration pack
1x Headgear for sun protection on hikes (ex: baseball caps, head wraps, sun visors)
1x Fiber-filled down sleeping bag with stuff sack (20-35 degree rating)
1x Ground Pad (Therma-rest, closed-cell foam is a practical choice & doesn't leak)
1x Road Bike or Hybrid Bike (Not a mountain bike, rental available. See mailed Wilderness info)
1x Bicycle Helmet (required to be worn at all times while riding bike, on or off camp grounds)
1x Mess Kit (should include plate, bowl & eating utensils)
1x Pack Towel
1x Frame Backpack (3400+ cu) (large enough for a 5 day trip.)

**** Please label all items brought to camp by your campers**

Additional Information

- Breaking in your hiking boots before you get to camp!
- Extra spending money will be necessary. We suggest an extra $50 onto your camper's account.
- Please visit the Podiumwear website to order your shirt.



CABINS

We have over 25 different Cabins at Camp Chateaugay. Some are connected and attached to each other, others are stand alone. Each have a 'rustic chic' feel as we like to call it, with separate stalls for toilets and showers, and a mix of single sized bunk beds or one story beds. Our cabins have screened windows, electricity, smoke detectors and fans. All bathrooms are cleaned daily by our cleaning staff. Each cabin has between 8-12 children with 2-3 counselors stationed in each bunk. Based on enrollment, there are usually two cabins of the same name per age group; for example, Little Dips (A) and Little Dips (B).

Cabin Names

Girls Bunks:

- Whips (aged 7/8)
- Stars (aged 9)
- Skylarks (aged 10)
- Little Dips (aged 11)
- Big Dips (aged 12)
- Halos (aged 13)
- Solar's (aged 14)
- Wilderness (aged 15)
- CIT'S (aged 16/17)

Boys Bunks:

- X Men (aged 7/8)
- F Men (aged 9)
- Rangers (aged 10)
- G Heights (aged 11)
- H Heights (aged 12)
- Mounties (aged 13)
- Summits (aged 14)
- Wilderness (aged 15)
- CIT (aged 16/17)









LAUNDRY

At Camp Chateaugay, once a week each of our Unit Leaders will collect their campers laundry ready for our support staff to wash, sort and organize for the next day return. We have a designated laundry facility where campers' clothes and linens are washed on a regular basis. They are sorted by color and fabric type, washed and dried in industrial-sized washers and dryers, and then returned to the appropriate cabin.



If a camper is needing an item of clothing or bedding washed outside of their dedicated laundry day, that can be done at any time. We strongly suggest labeling each camper's clothing and keeping a detailed inventory of items that are brought to camp in case something does get lost or mixed up. We also recommend purchasing washable laundry bags, so each campers' clothes can be washed in their own bag. We encourage good hygiene and laundry practices to help prevent the spread of illnesses and to ensure that campers have clean and comfortable clothing to wear during their stay.

SPECIAL EVENTS & ACTIVITIES

Evening Activities

Every night we have a fun evening activity, which could be anything from a camp-wide game, to select evening programs that allow younger campers to have a special evening together, while the older campers do something just for themselves. Many of the evening activities are long standing traditions at Camp Chateaugay and are nights that campers look forward to every year.

Examples of Evening Activities Include:

- Chateaugay Downs (Human Frog Racing)
- Pool parties & luau's
- Dance party
- Gold Rush
- Murder Mystery
- All Star Wrestling (when campers dress their counselors up in the silliest costumes they can think of)
- Campfire on the Beach
- Treasure Hunt
- Talent Shows
- MTV Night (which is full of musical performances)
- Chateaugay Book of Records
- The Great Raft Race

Events & Theme Days

Our events and theme days are what summer camp is all about: building camaraderie and spirit through teamwork and endless fun. These are the moments your camper will bring up all year! Each session, we have a different special events, which means all campers will enjoy our special programming, whether they come for one session or the whole summer.

SESSION 1:
Fourth of July
Army / Navy Day
Holidays at Chateaugay

SESSION 2:
Olympic Day
Carnival Day
Farewell Banquet

Bunk Nights & Activities

Scheduled once a week, we have nights dedicated to cabin bonding, called "Bunk Nights". These gives the campers the chance to relax together and create strong connections with their cabin mates.

Examples of Bunk Nights & Bunk Activities Include:

- Pool parties in our heated pool
- Ice cream socials in our 1950s-era ice cream parlor overlooking the lake (where campers listen to music, play games and choose from ice cream, old fashioned sodas, popcorn)
- Movies in the big living room on our big-screen TV
- Campfires with s'mores
- Evening boat rides
- Banana boat rides
- Pizza party
- Boardgames
- Ping Pong Tournament
- Cook out on the Sail Boat
- Lunch at the Sandbar

CAMP TRADITIONS

Traditions

Over the years Camp Chateaugay traditions have grown and grown, whether it is our ever growing song list, our birthday ceremony events, our chants, sayings, or bunk choruses, we have it all. These traditions help to create a sense of belonging and connection among campers, and many return year after year to relive these cherished moments.





Song List

- Tunak Tunak Tun
- Cabin Clean Up Song
- Carnival Day Song
- Wagon wheel
- Wonderwall
- Lean on me
- Don't stop Believing
- Let it be
- Walls

For the Updated Song Book - please see the link for the full lyrics to start learning prior to Camp

https://docs.google.com/document/d/1JgM7zsAsNyr6EcV0qS14vdE8YyS6TIoWXZZizsgh4Ac/edit?usp=sharing

Atmosphere

Camp Chateaugay is renowned for its lively and friendly atmosphere and warm and nurturing culture. This energy is evident throughout the camp, whether it's in the dining hall where campers and staff dance on chairs during meals, or during camp-wide events like the talent show or the campfire sing-alongs. The dancing at meal times is a beloved tradition that has been a part of Chateaugay's culture for many years, and it is a clear example of the camp's fun and spirited atmosphere. All in all, the atmosphere at Camp Chateaugay is one of warmth, acceptance, and pure joy, making it a truly special place to spend summer.

Camp Fires

Camp Fires are a beloved part of Camp Chateaugay and are a featured part of campers summer experience. Whether it be as an evening activity or as a bunk activity.

The Spirit of Camp Ceremony is the first Camp Fire at Chateaugay and is a long standing tradition for campers and staff to come together to celebrate the summer ahead. 'Y-E-A-R at Chateaugay' is another traditional song sung at Camp - but this time on the last day of summer. This is where each staff member & camper, one by one, goes up to to join the front of the Camp Fire according to their first year at Camp. The lyrics to this song are found in the updated song book (the link is above).

Other Traditions

Short order Breakfast is usually held at the end of Session 2 of Camp, where the head staff make smoothies, pancakes, waffles and other breakfast items for the campers and counselor's. 'We welcome you to Chateaugay' is our welcome song when either a new staff member, camper or even a visitor is at camp. The 'Announcement song' is sometimes sung at the end of meal times when campers know announcements for the day is coming. Finally the 'Ring my bell' (Avon's calling) is a song sung whenever the bell is mentioned during meal times. All of the lyrics are also found in our updated song book (link is above.)

TEEN PROGRAMS

Northern Lights:

The second oldest group of campers, usually around the age of 14, come together to form the Northern Lights unit. This is comprised of the female cabin, the Solars, and the male cabin, the Summits, and it is the first time the two groups get to work hand in hand as one collective group to complete a special project that benefits the entire camp. In past years, these projects included the design and building of outdoor showers on the beach and a personal belonging storage system on our front lawn. The unit project creates a true sense of satisfaction and belonging, and participating campers lead the rest of the camp with spirit and maturity. In addition to the project, Northern Lights campers go on day trip excursions throughout the summer. They will visit the Great Escape amusement park and/or a day trip to Burlington, VT. They also design a t-shirt that they sell on visiting day, with all of the proceeds going to a charity of their collective choice. The Northern Lights experience helps prepare them for the Wilderness Program.







Wilderness Program

The Wilderness Program is our most special and unique program designed specifically for 15 year olds. It is something that most campers strive for and work and build towards their whole journey at camp. It is designed to build self-esteem based on independence and accomplishment, and create deep and lasting friendships. It's been a hallmark of Camp Chateaugay since 1948, when the founders built a self-contained unit as a separate place on camp for our oldest campers to bond and build friendships and leadership skills through primitive living, closeness to nature, and immersive trips in the surrounding mountains, forests and lakes.

Campers live in a separate part of camp in "no frills" cabins that don't have electricity. However, their unit has its own living room and kitchen where they prepare their own food on an open fire, eating breakfast and lunch together most days. They also embark on 3 adventurous, multi-day, overnight camping trips: (1) 200-mile round trip bike tour throughout NY state and Vermont, (2) A backpacking hike through the Adirondack mountains (3) A classic canoe camping trip through Maine's Mooselookmeguntic Lake. Through these shared experiences, campers develop a deeper understanding of responsibility, strong work ethic, group dynamics, and confidence in one's ability to work with others and to be a leader of others. Some people spend a lifetime trying to find this kind of indelible group living experience — our Wilderness campers experience it at a key moment in their lives where the confidence and leadership skills that develop can drive their high school and college experiences. It really is a USP (unique selling point) of Camp Chateaugay.





CIT PROGRAMS

CIT/LIT Program (Counselor in Training)

Our CIT/LIT program on camp is for kind & enthusiastic teens, usually between the ages of 15 and 17, that do not want to participate in Wilderness, but are ready to be role models for younger campers. Campers aged 15 will be referred to as LITs (Leader in Training), whereas our 16-17 year old campers are CITs. Some are former campers who are eager to spend another summer at camp, others arrive for their first time, looking for an amazing experience with outstanding people. All CITs/LITs want to become leaders, build new skills, and have the summer of a lifetime. CITs/LITs receive extensive training in child supervision and leadership. Additionally, they are offered opportunities to become certified in first-aid, lifeguarding &CPR.

Each CIT/LIT will choose one or more areas of camp where they will spend the majority of their time assisting at an activity area with one of the camp's talented staff members. CITs will assist in their chosen activities for 5 out of the 6 periods a day, and the LITs will assist for 3 out of the 6 periods a day. The other periods will be elective activities that each CIT/LIT chooses to participate in like regular campers. In the evenings, they will be assigned to a bunk to assist in getting the campers into bed. They will gain hours of practical teaching experience.

CITs/LITs also participate in Community Service projects. At the beginning of the summer, they break into small groups and pick from a variety of national charities for which they will volunteer their time, and spend a few hours each week supporting the charity. CITs/LITs will also get a chance to get out of camp on trips that provide an opportunity for growth — such as visiting nearby colleges/universities or going on a hiking or canoeing trip. CITs/LITs participate in running evening activities and campfires, help with camp-wide special programs, lead trips and coach sports teams. CITs/LITs also get days off to visit local areas such as Lake Placid, Burlington or Plattsburgh.

This unique adventure offers Chateaugay CIT's an unparalleled opportunity to expand their horizons, build lasting friendships and contribute to local communities, all with possible bookends with some time at Camp Chateaugay. CITs can come to camp for a week and then embark on thrilling outdoor activities and immersing themselves in the vibrant culture and stunning landscapes of Costa Rica. It is a gateway to personal development, global awareness, and deepened friendships. CIT's will be taking a transformative journey that will enrich their college applications, broaden their horizons, and shape them into a global citizen with a heart for adventure. The Costa Rica program starts on July 2nd, 2025, (flying in the same day). Campers then have two options to choose from, either a 17 day or 31 day option.The cost for the program will be determined by the number of campers enrolled (airfare not included.) The more CITs that participate, the less the cost.



CIT PROGRAM

WILDERNESS TAKES ON THE WORLD

This unique adventure offers Chateaugay CIT's (aged 16 & 17) an unparalleled opportunity to expand their horizons, build lasting friendships and contribute to local communities, all with possible bookends with some time at Camp Chateaugay. CITs can come to camp for a week and then embark on thrilling outdoor activities and immersing themselves in the vibrant culture and stunning landscapes of Ecuador and the Galapagos Islands. It is a gateway to personal development, global awareness, and deepened friendships. CIT's will be taking a transformative journey that will enrich their college applications, broaden their horizons, and shape them into a global citizen with a heart for adventure.

The Galapagos Islands program starts on July 2nd, 2027, (flying in the same day). Campers then stay for 17 days and then return to camp afterwards. The cost for the program will be determined by the number of campers enrolled (airfare not included.) The more CITs that participate, the less the cost.

<u>TINERARY INCLUDES:</u>

- Alternate between community service projects and adrenaline/cultural activities.
- Visiting many national parks to explore hot springs, rainforests and volcanos.
- Surf lessons.
- Whitewater rafting
- Zip lining through the forests.
- Volunteering with local organizations to improve the lives of the local communities.

Glamping & Cultural Immersion: Experience the best of both worlds by enjoying glamorous camping experiences in pristine natural settings, as well as staying in local hostels and hotels.

Adventure and Exploration: Discover the thrill of surfing on the Pacific waves, explore majestic volcanoes, and soar through the treetops on exhilarating zip-lining adventures. Engage in astrological tours under the clear night skies and embark on memorable hikes through diverse landscapes that showcase the breathtaking beauty of Ecuador and the Galapagos Islands.

Community Service and Volunteering: Make a meaningful impact by participating in community service projects and volunteering opportunities. Contribute to building houses for local families, and experience the profound satisfaction of giving back to the communities that welcome you with open arms. It also makes for great experience for college application essays!

Personal Development and Skill Building: Continue your journey of personal growth by learning new skills and fostering your leadership abilities. This program is designed to build upon the foundation of the Wilderness program, helping you hone your outdoor survival skills, problem-solving capabilities, and teamwork.

Reconnect and Celebrate: Reunite with your buddies from the Wilderness program. Participate in campfire gatherings, our end-of-summer banquet and cherished traditions. This allows CITs to reconnect with old friends and forge new bonds with other CITs.

CULTURE & VALUES

OUR MISSION STATEMENT

Camp Chateaugay's primary objective is to provide a physically and emotionally safe and nurturing environment for campers and staff, in which children have enriching experiences. We do this by putting a focus on three things: having fun, making friends and learning skills.

The camp's culture and values are centered around creating a positive and inclusive community that fosters personal growth, respect for others and the environment, and a love for outdoor activities. The camp's values are based on four pillars: respect, responsibility, care, and honesty. These values are integrated into all aspects of camp life, from the way campers interact with each other to the activities they participate in. In addition to these values, Camp Chateaugay also places a strong emphasis on outdoor learning. Campers are encouraged to explore the natural world around them and to develop an appreciation for the environment through activities such as hiking & canoeing.

HOMESICKNESS

Camp Chateaugay recognizes that homesickness is a common and natural feeling for many campers, especially those who are attending camp for the first time. The camp has several strategies in place to help campers cope with homesickness and feel more comfortable and engaged during their stay.

One of the main strategies that Camp Chateaugay uses to address homesickness is to create a supportive and welcoming environment for campers. This includes having a staff that is trained to recognize the signs of homesickness and to provide emotional support and encouragement to campers who are feeling homesick. The staff may engage in activities that help to distract campers from their feelings of homesickness and encourage them to participate in camp activities and make new friends.

Another strategy that Camp Chateaugay uses is to communicate with parents about their child's experience at camp. This includes regular updates from their Unit Leaders and regular photos uploaded to Campsite that are available to parents to let them know how their child is doing and to reassure them that their child is safe and happy at camp.

Additionally, Camp Chateaugay offers several programs and activities that are designed to help campers feel more connected and engaged during their stay. For example, we offer bunk group activities in sports, arts and crafts, and music with other campers solely from their cabin who are the same age to help build on the community feel and support network within their own bunk.

We also have our Camper Advocate Program, which provides a licensed school psychologist at camp for the entire summer. They are a great resource and one of the first point of calls we use when a child is feeling homesick. They are trained in techniques & practices to help deal with such occurrences.

Overall, Camp Chateaugay takes a proactive approach to addressing homesickness by creating a supportive and engaging environment for campers, providing emotional support and encouragement, communicating with parents, and offering programs & activities that help campers feel connected.

SUCCESSFUL TIME AT CAMP

Here are some things you can talk about with your children before they leave for summer camp to help them feel more comfortable and confident during their stay:

Discuss what to expect: Talk with your children about what they can expect at summer camp, including the types of activities they'll be participating in, the schedule they'll be following, and the living arrangements. This can help them feel more prepared and less anxious about what to expect.

Review camp rules and expectations: Please review Camp Chateaugay's 'Rules, Policy's and Procedure's Handbook' with your children before they leave. This can include things like expected behavior, rules around technology and cell phones, and expectations around respect and inclusivity.

Discuss homesickness: Let your children know that feeling homesick is normal and that many campers experience it. Encourage them to talk to their camp counselors or staff if they are feeling homesick, and let them know that it's okay to miss home.

Discuss staying safe: Talk with your children about staying safe while at camp, including the importance of following camp rules and staying with their group when participating in activities.

Encourage communication: Let your children know that you are there for them and encourage them to communicate with you while they are at camp. Discuss ways that you can stay in touch, such as through letters or emails, and reassure them that you are thinking of them and looking forward to hearing about their camp experiences.

Encourage independence: Encourage your child to be independent and self-reliant during their stay at camp. This includes packing their own bags, taking care of their belongings, and being responsible for their own hygiene and self-care.

Foster positive relationships: Encourage your child to develop positive relationships with their fellow campers and counselors. Talk with your child about the importance of being kind, inclusive, and respectful, and encourage them to get to know others and make new friends.

Practice problem-solving skills: Encourage your child to practice problem-solving skills, such as finding solutions to challenges they may encounter at camp. This can help them feel more confident and capable, and can help them develop important life skills.

Get them excited: Talk with your children about the fun and exciting things they'll be doing at camp. Help them feel excited and positive about the experience, and encourage them to try new things and make new friends.

VISITING DAY

We are so happy to invite families to join us for Visiting day on July 17th, 2027 between 9:30 AM-4:00 PM.

VISITING DAY POLICIES AND INFORMATION

On visiting day we encourage Parents / Guardians, Grandparents, friends and other family members to visit & support their camper(s). It is a great opportunity to see camp in full swing. There will be a welcome station at the front of camp with stickers, magnets, balloons & other welcome activities to make you feel right at home. Chateaugay will have a modified morning schedule so visitors will be able to meet the counselors, unit leaders, activity heads and even head staff who have all been a part of making each campers summer the best it can be. We encourage parents to even go swimming and play some of our popular sporting activities such as volleyball, softball, and kickball with their child. There will be 'end of session' performances from the Gymnastics Team, the Dance Team and a musical show put on from our Theatre Department held the evening before on July 16th. There will be a full buffet lunch provided on the front lawn and activities to partake in with your child. Children will not be able to leave camp on visiting day.

PLACES TO STAY NEAR CAMP

Please make reservations early because the North Country is busy during the summer tourist season. The following list does not endorse or provide a recommendation for any hotel or particular service. We recommend looking into **AirBnb.com & VRBO.com,** as well as these hotels below that are within a convenient drive to camp:

HOTEL	CITY	DRIVE TIME	PHONE #
BEST WESTERN	Plattsburgh	45 min	**518-561-7750**
HOLIDAY INN	Plattsburgh	45 min	**518-561-5000**
COMFORT INN & SUITES	Plattsburgh	45 min	**518-562-2730**
ECONOLODGE	Plattsburgh	45 min	**518-561-1500**
FAIRFIELD INN & SUITES	Plattsburgh	45 min	**518-536-7600**
DAYS INN	Plattsburgh	45 min	**518-561-0403**
BEST VALUE INN	Plattsburgh	45 min	**518-563-0222**
LA QUINTA INN	Plattsburgh	45 min	**518-562-4000**
HAMPTON INN	Plattsburgh	45 min	**518-324-1100**

LAKE PLACID is approximately one hour away. There are an abundance of lodges and motels in the area. Call the Lake Placid Tourist Information at (518) 523-2445.

If you choose to stay in Montreal, there are many excellent hotels to choose from. To contact the Montreal tourism center, call 514) 873 2015 or (877) 266 5687.
You can also learn about Montreal through www.montreal.com.

PARENT DASHBOARD

Our Parent Dashboard is a database online that allows parents to login to enroll for their camper's summer logistics. You can find billing, packing, photos, and camper emails through the portal. It is accessible through our website on the top menu, labeled 'Current Families Login'. All you need is your email address and a password to login. If you forgot your password, please email the office and they can reset it for you. All of our enrollments and most of our forms go through the parent portal.

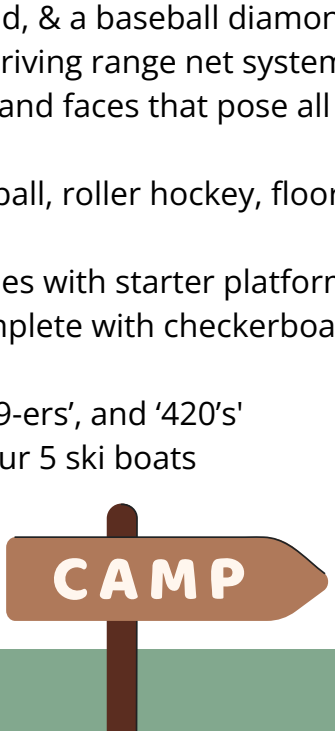
The Parent Dashboard gives parents access to all things Chateaugay in one place. Parents are able to send emails to their campers through the site and see their scanned hand written replies within the portal too. There is also the ability to view all of our uploaded photos daily throughout the summer. We post about 200-300 daily, and if you upload a photo of your child before the summer begins, the portal's facial recognition software will notify you every time a photo of your child is uploaded.

The parent dashboard is maintained by a company called CampMinder which has training videos to help guide you through all of the functions that it has to offer.

CAMP FACILITIES

- The Big House is where we gather, play, relax, celebrate – and eat
- We call our infirmary the Pill Box, home to a staff of nurses
- Our waterfront is on a sheltered bay at the head of Chateaugay Lake
- Campers have endless fun in the lake with waterslides, a diving board & inflatable toys
- Our stables house up to 12 horses with tack and feeding rooms
- We have 4 water fountains throughout camp
- All of our public bathrooms outside of the cabins are gender neutral
- Our riding ring includes jump elements and a sand surface, while our cross country course has larger jumps and obstacles.
- Pine Theatre is the perfect spot for all-camp camp fires and sing-alongs
- There are 5 tennis courts, 2 pickle-ball courts, 2 soccer fields, a lacrosse field, & a baseball diamond
- Campers improve their skills with our pitching machine, batting cage and driving range net system
- The climbing wall soars 32 feet and features 8 stations with varying routes and faces that pose all levels of challenge
- The Barn, our 12,000-foot indoor gym, hosts gymnastics, volleyball, basketball, roller hockey, floor hockey and our theater & stage
- Our heated 25-meter pool features a sun deck, changing rooms and six lanes with starter platforms
- Our Aurora Borealis Creamery (The ABC) is a throw back to the 1950's. Complete with checkerboard flooring and jukebox and serves up hard and soft ice cream
- We have over 25 types sail boats, such as 'Sunfish', 'Opti's', 'Catamarans', '29-ers', and '420's'
- We use Ski Booms to train campers in waterskiing and wake boarding on our 5 ski boats

For an in-depth view of our facilities, be sure to check out the interactive map found here!
https://tours.covecreekproductions.com/chateaugay/



OUT OF CAMP TRIPS

Day Trips

During the summer, all campers will have the opportunity to go on at least one special day trip with their cabin outside of camp. This is a great way to take full advantage of our location near the High Peaks region of New York State's Adirondack park. These trips can include:

- Backpacking, hiking, and rock climbing trips throughout the breathtaking wilderness
- Canoeing on magnificent lakes in the area, including the Saranac Lakes
- Sunrise hikes and Whitewater rafting trip (one time each session + additional charges apply to this trip only)

Overnight Trips

We also offer extended single and multi day trips. Older campers get opportunities to excel in trip planning by organizing and packing for trips. For the younger campers we have overnight trips at the 'Outpost' or 'Chateaugay Harbor' (both located in remote areas on our property.) Each locale is equipped with tents, fire pits and bathrooms. Additionally, older campers can sleep out under the stars on 'Fred' our 26 foot schooner. This is where 3 campers + a counselor (same sex) can sleep and eat in a large sail boat overnight

What are 'Trippers'?

All of our trips are supervised by what we like to call 'Trippers'. They are well trained & experienced staff members with extensive outdoor experience, Our 'Tripper' team give children the option each week to sign up for trips, as well as running our 'Outdoor Adventures Program' which is a camp skills elective that campers can choose from their weekly activities. Trippers teach our campers the value of nature, low impact camping, and many outdoor skills like safe campfire building and cooking, putting up tents, and map reading. Older campers are taught how to plan, organize, and pack out for trips, and are given leadership positions in a group setting. Our Outdoor Adventures Program really is like a getaway from a getaway.

Other Trips

Older campers sometimes go on day trips to Burlington, VT, Plattsburgh, Lake Placid or even a stop off at Six Flags - Great Adventure Amusement park (age permitting). Younger campers may go to a nature preserve or a local water fall.



Inter-Camp Games

Even though we are not a competitive camp, our campers love to play with other camp's campers. We play games with nearby camps in sports and events, with our teams traveling to their camp, or their campers coming to ours. Kids can compete in swimming, basketball, baseball/softball, soccer, tennis, and dance.

TRAINING

The Camp Chateaugay staff is one of our most valuable resources. The success of our camp is due to our staff, and we go to great lengths to find the most dedicated and experienced counselors to ensure a warm, nurturing environment for our campers. Camp Chateaugay has a very high staff return rate, and this large alumni staff base enhances our campers' sense of family, which they look forward to every summer. Staff Training is extremely important to us. This means giving our staff the right tools and guidance to make Chateaugay a success.

- Head staff prep for 3 days before the full staff comes to Chateaugay, and then all staff attend a 9 day training camp.
- We use the training company True Colors, to help our staff be more effective teammates, collaborators, leaders, thinkers and innovators.
- Each counselor goes through a personality assessment to learn more about themselves and their peers, and how to best collaborate with each other.
- We learn research-based methods to understand child behavior and motivation, taught by outside experts at the top of their fields:
- Social & emotional learning and bully prevention: Dr. Chris Thurber, who created Expert Online Training, teaches counselors to communicate clearly, manage time, sleep well, handle stress, participate in activities and help campers thrive at camp.
- We require staff to complete an online training progrm we designed within 60 days prior to arriving at camp via www.expertonlinetraining.com

UNIT LEADERS are head staff members who, quite often, are also full-time teachers, school administrators and parents. It's their job to ensure each child has a safe and fun-filled summer by monitoring their health, social well-being, and daily hygiene. The head staff meets daily to review important events and matters concerning the children and camp. Our unit leaders live in private quarters but spend a lot of time in their campers' bunks, which allows them to provide both staff and campers with additional support. Unit leaders also schedule a pre-camp call with every family (within 1 week of arrival), to get to know each child and discuss their specific needs before they come to camp.

Our ATHLETICS & WATER FRONT STAFF are safety-oriented coaches, teachers, and college-level players who, through their expert instructional skills, create an age and developmentally appropriate environment for all campers. This hands-on approach provides an opportunity for Chateaugay staff to recognize each child's needs and help them feel confident and proud of their growth. Our team knows when a child is in need of encouragement, reassurance, or the extra hug that you would give if you were there.

WHAT MAKES OUR STAFF DIFFERENT:

- Counselors are at least 18 years old, most have completed a minimum of one year of college and have impressive experience working with children.
- Head Staff are at least 23 years old.
- Staff development is led by industry experts.
- Full Background checks are cleared on every staff member, new and returning to camp.
- Our 2:1 staff-to-camper ratio ensures that we have 2 to 3 counselors per cabin, and one unit leader overseeing 2-3 cabins.

FAQ'S

What are Bunk Activities vs Electives

Electives are activities that each camper chooses for themselves and bunk activities are assigned by the camp for the group of campers in a bunk. Lower camp will choose 3 electives and the upper camp will choose 4 electives. Bunk activities add to the cabin community and also give campers exposure to activities they may not have chosen on their own. They may discover that they love the new activity!

How do Campers choose their activities & how often?

Once a week, campers sit down with their unit leaders or counselors and fill out a 'pick sheet' in which they rank their top choices from all of our activities. Anywhere from 3 - 5 activities a day are then assigned to the campers by our highly skilled activity programmers. The programmers take into consideration the campers sex, age, and skill level prior to assigning the activities.

What is the policy on visitors and family visits?

Visiting Day is always the last day of our first session. We have a list of local hotels in the area close to camp listed within our camper handbook. Parents are not allowed to sleep over on camp property.

What is a Unit Leader and their responsibilities?

Most unit leaders are parents, or teachers, or professionals that deal with children during the scholastic year. They are responsible for managing all of the details of their campers' experience at camp including parent communication, daily activities, health and nutrition and general well being. This could include keeping an eye on camper hygiene, interaction with their peers and overall disposition. Unit Leaders are parents' main point of contact for their campers.

What is the policy on lost / missing items?

We highly recommend labeling all items that are brought to camp. Each week our unit leaders review the lost and found to hopefully return as many lost items as possible. We do not recommend sending any highly priced or sentimental items in case campers lose or misplace items. We will do our best to help to find lost items but Camp Chateaugay is not responsible or liable for any lost items at camp.

Can we schedule a tour?

Absolutely! A tour during the summer is a great way to see camp in action. Please email info@chateaugay.com to schedule a visit.

What is the Big Brother / Big Sister Program

Camp Chateaugay also has the Big Brother Big Sister program where older, seasoned campers are paired with new, younger campers. It provides a buddy system for the young as they have an older brother or sister to speak with about anything. They'll spend special meals together as well as spending time together during some evening activities.

FAQ'S (PAGE 2)

Can my child call home or email while at camp?
Although we are an unplugged camp we do have a service within our parent portal on Campsite that allows parents to email their child as many times as they like. Once a day all emails, letters, mail will be delivered to each child after their lunch break. Each camper will then be able to reply once per day. We also set up **one** phone call per child **per session** with their parents.

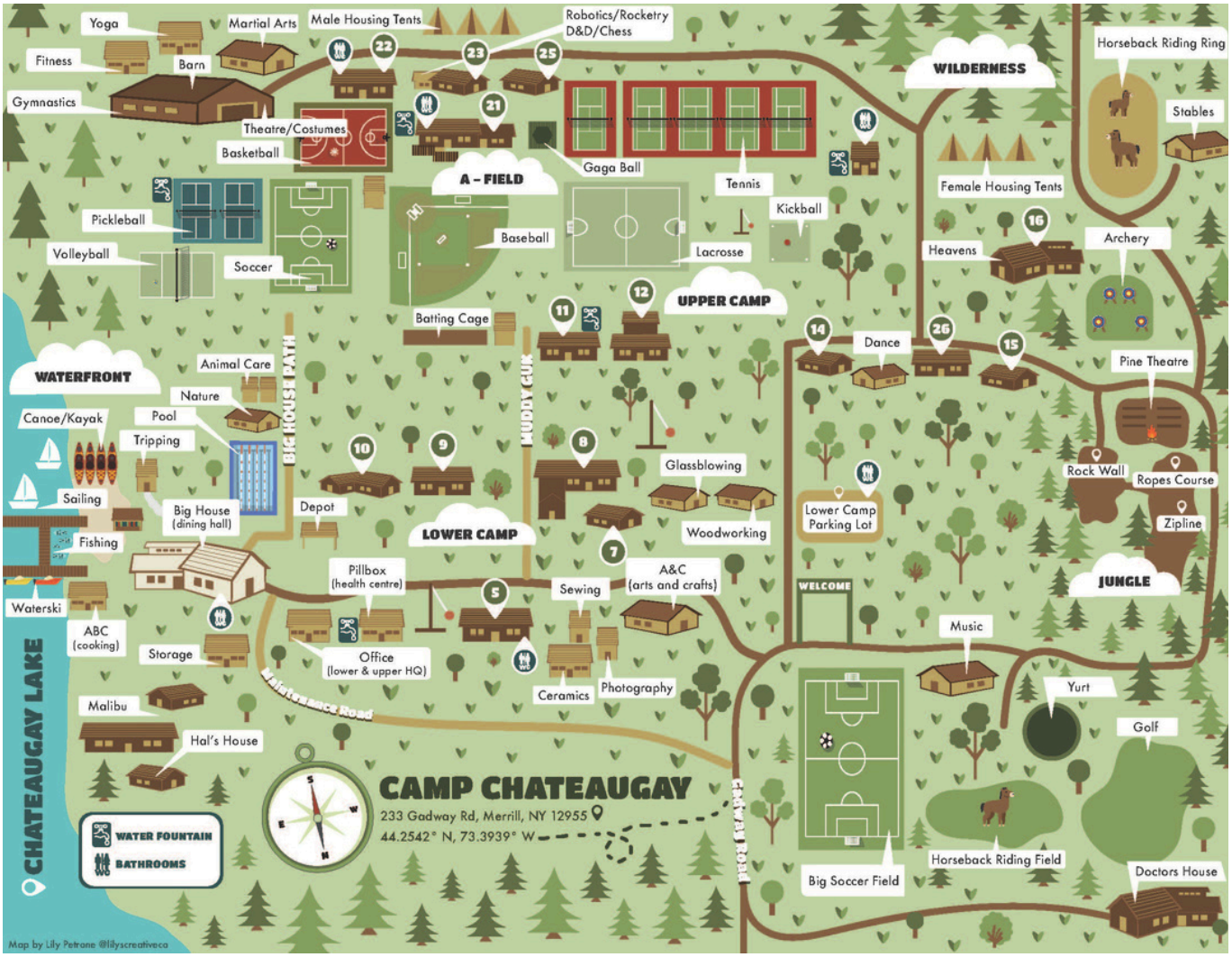
Can I send packages to my child?
Parents are no longer permitted to send care packages to campers during the summer. If your camper(s) do require something special sent to camp (special food for dietary restrictions, medical supplies, undergarments, etc.) this can be arranged with approval from Camp Admins. After receiving approval, items can be ordered from Walmart or Amazon and shipped directly to the camper's Unit Leader.

What is the policy on cell phones & other electronic devices?
We are a technology free camp for campers. Campers can use their smartphones or tablets en route to camp, but when they arrive, all electronics are collected and safely stored for the summer. CIT's are allowed their electronics in a designated area from 9:00 PM - 11:00 PM daily. Campers are allowed to use MP3 players for music as long as it does not allow wifi or video (we highly recommend the "CampFire player" available at www.campfireplayer.com), as well as kindle or other book readers.

Why can't I tip the staff?
We take really good care of our staff and pay them well. We also provide all sorts of benefits to them while they are at camp in a fair and equitable manner. Tipping can create an unconscious favoritism in the bunk as well as inequity among the staff.

What does first day arrival at camp look like?
Some specifics of arrival day may vary depending on the session, but here is approximately what to expect:
Check-in: Upon arriving at Camp Chateaugay, campers and their families will check in at the registration area at the entrance of the camp. Campers will be escorted into camp by their counselors and/or unit leaders.
Health screening: Upon entering camp, all campers will undergo a health screening at the "Pillbox" (the name of our health center.) This includes a lice check as well as any other essential health related issues.
Move-in: After checking in, campers will be guided into their cabins to unpack and meet their new bunk mates.
Once settled in, if parents dropped off their campers, they will depart and campers will play some bunk activities, games and icebreakers to help get to know each other and go for their swim test.
Welcome dinner: Campers will have a welcome dinner with their cabin mates and counselors. This is a chance for everyone to get to know each other and begin building friendships.
Orientation: Once settled into their cabins, campers will attend an orientation session. This will cover camp rules, safety procedures, and daily schedules.

MAP



For an in-depth view of Camp Chateaugay, please view the interactive map found at the link below

https://tours.covecreekproductions.com/chateaugay/