

Wilderness Camper Gear List 2020

Dear Wilderness camper and parents,

This summer will be the greatest memory of camp you will have for the rest of your life and we want to do everything we can to make this season as successful as possible. The following is a more detailed list of special items for Wilderness. This does not include the “normal” items which are part of every camper’s clothing list. The following are a few options to consider or feel free to stop by your local store (especially for hiking boots). These websites are also great tools to use for finding best costs for equipment:

www.campmor.com
www.rei.com
www.gearx.com
www.sierratraders.com
www.gandermountain.com
www.amazon.com

And please feel free to contact Hal Lyons (Hal@chateaugay.com), with any questions or call the camp winter office 860-350-8822.

Bicycle: The bike trip is a road trip. You may feel free to send a road, mountain, or hybrid bike. If sending a mountain bike, please have the tires changed to be a road tire. There is a bike shop in Lake Placid, NY, High Peaks Cyclery (518)523-3764 (speak with Brian) where you may purchase or rent a bike and have it delivered if you do not have access to one locally.

High Peaks Cyclery Bike Rental Prices for 2020 (includes helmet and water bottle)
Full Session \$300.00
Half Summer \$225.00

Additional Safety: Please order for your camper a Bike Light and Bell if you do not have one. Here are two suggestions on Amazon but anything similar is fine:

https://www.amazon.com/BV-Bicycle-Headlight-Taillight-Quick-Release/dp/B00A6TBITM/ref=sr_1_fkmr0_1?ie=UTF8&qid=1487190615&sr=8-1-fkmr0&keywords=bike+lights+BV-Bicycke-Headlight-Taillight+Quick+release
Bicycle Helmet Required – Please do not forget this mandatory equipment.
Cycling gloves and sun glasses strongly suggested.

https://www.amazon.com/TrendBox-Bicycle-Handlebar-Emergency-Lightweight/dp/B01889A1LC/ref=sr_1_1?ie=UTF8&qid=1487190743&sr=8-1&keywords=bike+bells+trendbox

Cycling Clothing. There is now included in the Wilderness fee a custom designed bike shirt. The new clothing has two purposes. The most important is SAFETY. The new cycling shirt design was created by our own Amanda Clark. The colors are bright and colorful in order to increase visibility while on the road. The second purpose is to provide a memory of your ride. The clothing is available to all past and current Wilderness campers. The orders will be shipped directly to camp for distribution on arrival. We will need your child’s shirt size and the style desired to place the order. The

ordering process closes May 20th and then items will be custom made in the US and shipped 4 weeks later to camp. **If you decide to purchase any other cycling clothing it must be bright neon colored in order to be allowed for use.**

This storefront is set to close on Monday, May 20th at Midnight CST. It is set to ship all orders to Camp Chateaugay at the 233 Gadway Road address. Ship date is Tuesday, June 18, 2020.

<https://www.podiumwear.com/team-storefront/camp-chateaugay-cycling-2019-reorder-3/>

Password: No Password Required

Promo Code: Wilder19 (\$70 value) ->additional \$5 ensures those who just want the free jersey don't pay \$5 for the shipping.

Please visit the Team Storefront from the Safari, Firefox, or Google Chrome web browsers from a desktop or laptop computer (not ipad or smart phone). Internet Explorer is not quite compatible with our online ordering system. Contact Podiumwear, Customer Service directly at [1-800-930-1081](tel:1-800-930-1081) (ext. 0) if there are any questions. Internationals may call 612-965-5989.

Backpack: The pack should be large enough to hold the gear for a 5 day trip. When shopping for a pack, ensure the capacity is approximately 3400+ cu. in. or about 55 liters. A great pack can be purchased for about \$150. We highly recommend you go to a gear store and try out various packs, and get the right pack sized for your camper, as there are different lengths.

Sleeping Bag & Stuff Sack: 30°-40° (Fahrenheit) rating, pack weight ~ 4-5 LBS, stuffs to around 11" x 22", nylon or polyester outer shell, polyester/taffeta liner, poly or cloud loft fill. A stuff sack is needed to minimize the size of the bag in the backpack. *Campmor has several top-of-the-line bags which meet the criteria for \$100 or less.*

Groundpad: *Thermarest* closed-cell foam is practical. They are available for about \$25

Hiking Boots: There are several great hiking boots on the market. Mid-rise are Preferable with ankle support and a waterproof breathable lining/breathable. If your camper is only using them for the summer, then spend accordingly. Camper should try them on for fit in stores, and remember to break-in new boots before arriving to camp!

No Tennis Shoes/Sneakers on the Hike Trip!

Water Shoes: We suggest Chaco's, Teva's, etc. During the hike trip it is nice to get out of our boots after hiking all day, so having a pair of sandals (not flip-flops) to put on is nice. The water shoes are taken and worn on all three trips, they will be used.

Rain Gear: Breathable Rain Gear is a must. NO PONCHOS! Campers should have a rain coat at the minimum, and rain pants are highly recommended as well.

Dry Bag – We recommend approximately a 30 LB bag.

Mess Kit: The mess kit should contain a plate/bowl, and you will need to purchase

eating utensil(s) also. The Coleman Economy Mess Kit is available in most gear stores, as well as campmor.com. A “spork” works great for a utensil, and is only one piece for the camper to keep track of. See Amazon options:

www.amazon.com/Light-Fire-6-Piece-BPA-Free-Fuchsia/dp/B00ECRINOM/ref=sr_1_3?s=outdoor-recreation&ie=UTF8&qid=1487958595&sr=1-3&refinements=p_n_feature_keywords_browse-bin%3A3451440011

or

www.amazon.com/Light-Fire-8-Piece-BPA-Free-Cyan/dp/B00B49VUVO/ref=pd_bxgy_468_2?encoding=UTF8&pd_rd_i=B00B49VULE&pd_rd_r=FCFYVPT76DCMQEDFRJP9&pd_rd_w=51BpV&pd_rd_wg=CYLPK&refRID=FCFYVPT76DCMQEDFRJP9&th=1

Sunglasses

Head Lamp: A head lamp is required as campers should have both hands free. The headlamp is used at camp as well as on all the trips. Available in gear stores, online, Wal-Mart, etc. Usually about ~ \$15 and up.

Water Bottle: **2 water bottles recommended.** Nalgene bottles are for sale at camp, but one that fits on the bike is good.

↓Nice to have, but NOT mandatory items:↓

Pack-Towel: A pack-towel is nice to have due to being smaller than a conventional towel and it dries much quicker. Available at gear stores and online. Prices vary.

Polyester Fleece: Great, warm jacket, that dries quickly if wet, to use at camp and on all trips.

Wool Hiking Socks: Wool hiking socks help keep blistering down, and keep feet warmer than cotton if wet. Any wicking fiber is better than cotton for trips.

Polyester Shirts: Gear such as the Under-Armor brand are great to have. The polyester will help to wick away the sweat, and dries quickly.

Camel-Back: The camel-back hydration system is really only used on the bike trip. The systems are available in a wide variety of styles, colors, and prices. Nalgene bottles are available for sale @ camp, so do not feel as if your camper *needs* a camel-back. Also, water bottles that fit into a carriage on the bike frame work just fine.

We hope you are getting super psyched to start the season so please don't hesitate to contact the camp office 860-350-8822 or via e-mail Hal Lyons (Hal@chateaugay.com), with any questions.

Your friendly neighborhood camp director,

Hal